

Sport and Fitness Challenge 2: Create a sports vlog

You have already gained your **Sports Vlogger** badge by completing the online challenge. Well done! In that challenge you were introduced to vlogging, using your own YouTube channel to display your vlogs to just the friends and family you invite to view them.

Your offline challenge is to create your first sports vlog, and upload it to your new YouTube channel.

Your step-by-step guide

- Using our **How2 set up your own YouTube channel**, and our **How2 make your vlogs private on YouTube**, create your own channel (you can use your Google account to do this, if you have one). You can add an image to the banner to customise it. Make sure you set all the privacy settings so your collections, likes and subscriptions are all private, as well as any video you upload.
- Using our **How2 film yourself vlogging on a smartphone**, practice using your phone to create some video content of yourself. You can do this with friends, and have some fun! Make sure the sound you are getting on your video is good enough – check out our **How2 get good sound in your vlog** to get more help. The [BBC video](#) is also very helpful and well worth a look, particularly if you see yourself doing video journalism in the future!
- Take some video to practice your editing skills. It doesn't need to be perfect – in fact if you have made lots of mistakes, or maybe starting giggling halfway through, that's good to try out editing out bad bits! Use our **How2 edit your vlog** video for more advice.
- Think about what sports vlog you would like to produce. In the online challenge you saw that you can be a sports participant, spectator or commentator – the choice is yours! So you can talk about competing in sport, watching sport, or have a go at telling others what is happening in a sports event, just like they do on TV and radio. Don't make your first vlog too long – good vlogs are quite short!
- Produce your first vlog. Try using a script, or an autocue app, or if you have practiced enough, do it without any script or prompt! When you are happy with your video, and have edited out anything you didn't like, and maybe added a title and credits, upload it to YouTube.
- Share it with your chosen friends or family by using our **How2 share your vlogs with friends on YouTube**. Ask for their critical opinion – that will help you get better next time!
- Hopefully this will give you a whole new interest – vlogging! Think about other things you'd like to vlog about, and start planning. You could be the next big vlogging sensation!

